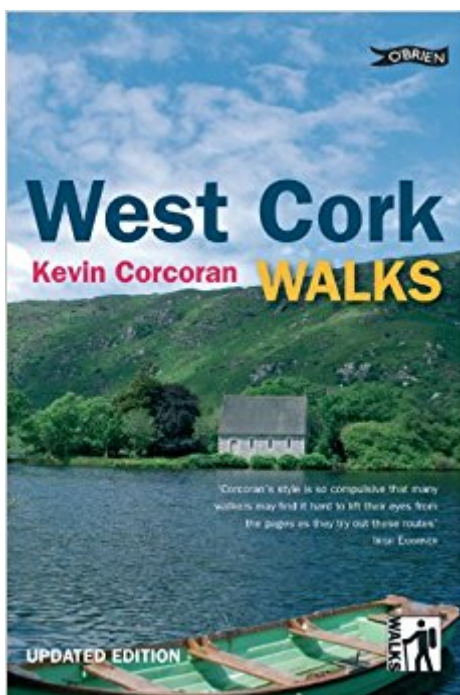


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# West Cork Walks (O'Brien Walks)



## Synopsis

Updated edition with a brand-new walk. Experience the rugged wildness of Ireland's most southerly, and often considered most beautiful region, in the company of an expert naturalist. *Walking in West Cork* offers an incredible variety of choice - mountainous peaks, rolling heaths, forested valleys, pristine lakes and sandy beaches - the choice is yours. *WEST CORK WALKS* details 10 different walks spread across West Cork, giving clear instructions with maps for each walk, the approximate length of time they should take, equipment required, notable features along the way, and beautiful wildlife illustrations by the author. Casual strollers, family groups, ramblers and serious walkers are all catered for. LOCATION OF WALKS: The Gearagh (near Macroom), Ballyvourney, Gougane Barra, Bere Island, Castlefreke (near Rosscarbery), Lough Hyne (near Skibbereen), Mizen Head, Priest's Leap (near Glengarriff), Glengarriff, and Allihies.

## Book Information

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## Customer Reviews

'... an expert and informative book ... Kevin Corcoran is a dab hand at drawing, whether plant or landscapes or his carefully explicit maps' -- Michael Viney, *The Irish Times* '... as refreshing as taking a draught from a mountain stream.' -- *Belfast Telegraph*

KEVIN CORCORAN has an intimate knowledge and love of the Irish landscape. An environmental biologist, he has studied the West of Ireland both professionally and as a Rambler, and lectures on Ecology and Environmental Studies. Operating a private nature reserve, he is tirelessly involved in

the repair and creation of natural habitats, for both educational and preservation purposes.

Conscious of the constant degradation of the natural environment, he is a keen supporter of the Irish Wildlife Federation and their efforts to purchase and preserve diminishing habitats. An ardent advocate of sustainable living with the natural environment, he presently lives as an Eco-dweller and rejects all forms of mass consumerism. Much of his free time is spent hill walking, sketching, writing and recording the demise of our natural environment. Kevin's books of walks are the result of extensive study of the areas and their natural habitats, flora and fauna, wildlife. As well as giving clear instructions and detailed maps, the books are beautifully illustrated by the author himself.

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